

## **The Benefits of AI Robots**

In the contemporary era, advanced technology has seamlessly integrated into our daily lives, becoming an integral part of our routines. Ranging from AI writers to the emergence of driverless cars, the increasing reliance on AI is evident across various sectors. I strongly believe that AI robots can bring more convenience and make our lives better.

To commence with, AI robots can greatly enhance productivity. They are believed to work faster than humans and provide more tailor-made services. Therefore, it is common to see AI robots widely employed in numerous tasks that are repetitive and time-consuming. For instance, Kiva Robots from Amazon are called ‘Warehouse Helpers’— they move shelves of products around, making it faster for workers to pick items for orders. Thanks to these robots’ small footprints, 50% more inventory can fit in the warehouse, saving more space for different products. Moreover, have you ever eaten in a restaurant with meals served by AI waiters? Clearly, AI has been dominating the food industry as well. From taking orders, delivering food, to processing payment, all these can be done with a few clicks on the screen, and AI robots will immediately carry out tasks within seconds. Obviously, AI robots are saving more time and enhancing the efficiency of our lives, providing us with more opportunities to focus on valuable tasks.

Furthermore, AI robots are also great tutors. Not only do they provide more learning materials according to students’ needs, but they also offer accurate and clear explanations for different questions. For example, ChatGPT and DeepSeek are both well-known AI search tools that assist in customer service by answering queries. Additionally, AI tools can analyze student performance data to identify trends and areas where students may need extra help, enabling targeted interventions. They are believed to provide more resources and better learning experiences, improving education.

Finally, have you ever wondered if AI robots can improve social interactions? While some argue that they lack emotions, cute companion robots such as Paro and LOVOT are emerging. Paro, a baby harp seal robot, is said to have a calming effect and elicit emotional responses from people. With a heavy workload and inadequate leisure time, many people nowadays are struggling with mood swings and even mental illness, which are detrimental to our health. Fortunately, by interacting with companion robots, negative emotions like loneliness can be alleviated. Lastly, these companion robots are crucial for SEN children to train their social skills. For example, autistic children can practise social interactions with robots to make them less nervous and frightened in unexpected situations. Clearly, AI robots can cater to the needs of the disabled and help reduce mental stress.

In conclusion, AI robots play a significant and beneficial role in our society. By enhancing productivity, improving learning and social experiences, our living standards are greatly enhanced, creating a thriving and advanced society. Thus, I believe that AI robots make our lives better.